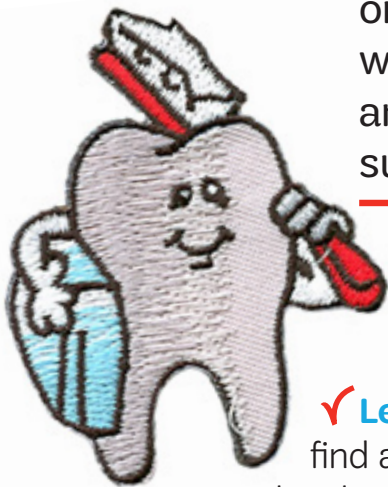


# Girl Scouts, Making Smiles Bright in March

## Dental Health Collection and Patch Program

During the month of March, we're focusing on dental health! Girl Scouts who participate will increase their knowledge of dental health and take action to provide dental hygiene supplies to other children in their communities.



## Earn this exclusive patch!

Girls in all grade levels are invited to participate

- ✓ **Learn about teeth.** What are the parts of a tooth? In a book or online, find a diagram of a tooth and learn about its parts. Find the crown, root, enamel, pulp, and cementum. What is the importance of each part?
- ✓ **Find out why it is important to brush and floss every day.** Make a personal brushing and flossing chart to record when you brush and floss for two weeks.
- ✓ **Discover how our diet helps or hurts our teeth.** A healthy diet means healthier teeth but some foods like sugar can harm them. Learn about a balanced diet. Make a collage or draw a picture that shows which foods are either good or bad for our teeth.
- ✓ **Find out about careers related to dental health.** For Daisies and Brownies and Juniors - Draw a picture of what you think a dental health professional looks like. For Cadettes, Seniors and Ambassadors - Find out about college programs, that are offered at nearby schools, in the field of dental health.
- ✓ **Help others keep their teeth healthy too!** Collect dental hygiene items such as toothbrushes, dental floss, and toothpaste to donate to community dental clinics in Western New York. **Bring your donations to a local food pantry or shelter in your own community.**
- ✓ **Make sure you count the number of items you collect so we can see how many smiles we'll make brighter!**

**The patch will be available for sale in our GSWNY Council Shops.  
Call or email your local shop to order for Curbside Pickup!**